

# Midlothian **FAMILY** Practice

Caring for Midlothian Since 1893



*A Division of*  
***Virginia Physicians, Inc.***

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**Waterford Office**

3000 Watercove Road  
Midlothian, VA 23112  
(804) 744-0200  
Fax: (804) 744-8417

**Village Office**

13332 Midlothian Turnpike  
Midlothian, VA 23113  
(804) 794-5598  
Fax: (804) 378-1954

**Powhatan Office**

3510-A Anderson Highway  
Powhatan, VA 23139  
(804) 598-3100  
Fax: (804) 598-2965

**Westchester Office**

15769 WC Main Street  
Midlothian, VA 23113  
(804) 419-9760  
Fax: (804) 378-9140

**After Hours Answering Service**

(804) 257-5096

**Bookkeeping**

(804) 744-8140  
Fax: (804) 744-7390  
9:00 a.m-1:00 p.m., Mon.-Thurs.

## ***Welcome to Midlothian Family Practice***

Midlothian Family Practice is a group of Family Practitioners capable of handling all illnesses traditionally associated with general medical practice except for obstetrical deliveries. We treat a broad spectrum of illnesses ranging from colds and flu to hypertension and diabetes. We have office based laboratory and x-ray facilities as well as minor emergency areas suitable for suturing lacerations. We perform minor office surgery including the removal of ingrown toenails and skin lesions. One of our providers are on call 24 hours a day, seven days a week for immediate problems.

Building on the initial concept of general practice, Family Practice requires its physicians to complete a 3-year Family Practice residency after graduation from medical school. To be certified as a Family Practitioner, the physician must pass a comprehensive examination conducted by the American Board of Family Practice. To maintain this certification, the Family Practitioner must demonstrate his proficiency every six years by repeating and passing this examination, a requirement that few other specialties enforce. In addition, the Family Practitioner must participate in 50 hours of continuing medical education each year.

Family Practitioners assume continuing responsibility for your health care and that of your family. The Family Practitioner is a specialist with a broad-based knowledge in all fields of medicine rather than an in-depth knowledge of a particular discipline. Most illnesses do not require the services of a specialist, but a Family Practitioner knows when those services are needed and who to call should it become necessary. The Family Practitioner coordinates the services of medical specialists, ancillary medical personnel (physical therapists, occupational therapists, dietitians etc.) and community health resources.

# Locations

## Village Office

Located on the north side of Midlothian Turnpike (U.S. Route 60 in the Village of Midlothian next to Pizza Hut)

13332 Midlothian Turnpike

Midlothian, VA 23113

Phone: (804) 794-5598

## Waterford Office

Located at the corner of Genito Rd. and Charter Colony Pkwy. (near Brandermill) in the Waterford Development, across from the fire station.

3000 Watercove Road

Midlothian, VA 23112

Phone: (804) 744-0200

## Powhatan Office

Located just west of Academy Road on U.S. Route 60.

3510-A Anderson Highway

Powhatan, VA 23139

Phone: (804) 598-3100

## Westchester Office

Located in Westchester Commons off Route 60 at Route 288 intersection.

15769 WC Main Street

Midlothian, VA 23113

Phone: (804) 419-9760

## **After Hours Answering Service**

Phone: (804) 257-5096

## **Bookkeeping**

Phone: (804) 744-8140

9:00 a.m.- 1:00 p.m.

Monday through Thursday

## **Normal Hours**

Our offices are open 8:00 a.m. to 6:00 p.m. Monday through Friday by appointment only. Evening hours at Westchester from 6:00 to 8:00 p.m. are for acute care.

For the convenience of our patients, our Powhatan and Village offices are open from 8:00 a.m. to 12:00 noon on Saturdays for illnesses and injuries.

These office hours are not intended to be a service to the patients of other physicians who do not have Saturday office hours. We work with only a small staff and a few physicians on Saturdays and thus cannot offer lab services, perform physical examination, blood pressure checks, pap smears or other routine visits that require more time and resources. These visits should be scheduled during our regular work week when we have a full staff available. For the same reasons, we ask that you please call in for prescription refills and laboratory results during the regular work week and not on Saturdays or during evening hours. If possible, please do not delay an office visit until Saturday for an illness or ailment that has been present for 3 to 4 days.

## **Privacy**

We respect the confidentiality of your medical records. A complete statement of our policy and description of your rights is available on request. Midlothian Family Practice is in full compliance with the Health Insurance Privacy and Portability Act (HIPPA).

## **Vacation and Holidays**

Vacation will be announced well in advance. Our offices close for the following holidays:

- New Year's Day
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day
- Christmas Day

## **Appointments**

To schedule an appointment, please call 794-5598 (Village), 744-0200 (Waterford), 598-3100 (Powhatan), or 419-9760 (Westchester) and one of our receptionists will be glad to help you. Please state the name of the person needing the appointment and the reason. We can then schedule a length of time appropriate for the problem.

Same day appointments are available with your physician for sick and emergency visits. Please call as early in the day as possible to secure this type of appointment. We will make every effort to address your needs as promptly as possible. We no longer schedule patients on a walk-in basis.

If possible, please call at least three to four weeks in advance for a complete physical examination. You should notify us of any cancellations well in advance so another patient may use your time slot. Please arrive early for your appointment. This is a courtesy to other patients who have later appointments. If you are late for an appointment, we may ask you to reschedule your appointment. You may be charged for a missed appointment that was not properly cancelled.

## **Telephone**

The telephone is a mixed blessing for both our patients and the doctors. It lets you conveniently reach your doctor to discuss a question or problem without leaving home or work. However, please realize that when the doctor is on the phone with you he or she has been taken away from another patient in the examining room. For this reason, please let the doctor's nurse help with your problem when possible. When necessary, the phone message will be relayed to the physician and you will receive a call back at a later time. If necessary, please leave a second telephone number where you can be reached.

If possible, please delay non-emergency calls until after 10:00 a.m. Opening the office and seeing the first patients is a busy time for us. Whenever our phone lines are busy, please understand and call back at a later time.

When calling our office for a prescription refill, please have the names of your medications as well as the phone number of your pharmacy. *Routine refills will not be handled after 4:00 p.m., Monday through Friday, or on Saturdays. Refills are not automatic. They must be individually approved by the physician. You should allow 48 hours processing time when requesting prescription refills.*

## **Laboratory**

For your convenience, laboratory services are provided in each location until 4:30 p.m. each weekday. The following tests are available on site, however, your health care plan dictates where your lab tests are performed.

- Blood counts
- Pulmonary testing
- Mono test
- Strep testing
- Pregnancy tests
- EKG
- Urinalysis
- Blood sugar
- Protimes

More involved tests can be drawn by us and sent to a reference laboratory for processing if indicated by your physician. Your insurance dictates where your labs are sent. You may get a call from someone other than MFP. We have no control over their fees and cannot provide adjustments to their charges. You must deal directly with the lab in question. Please allow at least five working days for your laboratory results to be attached to your chart and reviewed by a physician. We will contact you regarding your results if anything is abnormal. If you do not hear from your physician, please call the office between 10:00 a.m. and 4:00 p.m., Monday through Friday. The receptionist will take your name and telephone number. The nurse will call you back with your results.

## **X-ray and Mammography**

Midlothian Family Practice has modern x-ray facilities with the latest low radiation equipment capable of taking routine x-rays at Waterford and Westchester. We have radiological technologist available daily, Monday through Friday. All films are read immediately in the office by our

providers and then referred to a board-certified radiologist for review and final interpretation. Our x-ray facilities are certified by the State of Virginia and are regularly inspected.

Mammography and bone densitometry are offered at our Westchester location.

## **Legal Forms**

The time required for the completion of lawyer letters, court appearances, or preparation of special letters to insurance companies necessitates charging extra fees as appropriate. In the preparation of these reports, all medical records will be held confidential and no information will be released without your written consent. Faxed signatures will not be accepted.

## **Medical Records**

All medical records are the property of Virginia Physicians, Inc. We will be happy to transfer photocopies of these records to other physicians at your request. By law, we need your written permission to transfer our records to anyone. You may obtain and sign a medical release at our front desk. There will be a nominal charge to cover postage and photocopying. If you wish to change the location of your chart at any Midlothian Family Practice location, you may request this without a signature or a charge. Simply phone the appropriate office and make the request. We ask that you visit the office where your chart is located whenever possible.

## **Financial Arrangements/Health Insurance**

Payment for your office visit is expected at the time of your visit. If your health insurance policy requires you to pay a co-payment amount, this must be paid at registration. Our office accepts payment by cash, check, MasterCard, Visa, Discover, and American Express.

Midlothian Family Practice participates with most major insurance companies including: Anthem Blue Cross, Medicare and area HMO/PPO's.

Midlothian Family Practice is a Division of Virginia Physicians, Inc. which allows us to join in association with other quality physicians throughout central Virginia while continuing to provide friendly, personalized care to you and your family. Your insurance explanation of benefits or your credit card statement may list Virginia Physicians, Inc. as your provider.

If you have any questions about your account, please call our Bookkeeping Office at (804) 744-8140 between 9:00 a.m. and 1:00 p.m. Monday-Thursday.

## Referrals

Know your responsibilities under your insurance plan. **When your primary care physician (PCP) refers you to a specialist, this is not an insurance referral.** You will need to call our office after you have made an appointment and request your referral. We require a 72-hour notice for all scheduled appointments. *We cannot obtain retroactive referrals.*

**If you have not seen your PCP regarding the medical problem for which you are requesting a referral, a referral cannot be done. You must see your PCP prior to a referral.** This is a policy mandated by the insurance companies. If you have already received a referral to a specialist and you are going back for a follow-up appointment, you need to check with the specialist's office to see if you need another referral.

### *Emergency Room or Urgent Care Referrals-*

Note that you need to contact the physician on call before going to the ER or Urgent Care unless it is a life or death situation, then you need to contact our office within 48 hours for insurance authorization.

Remember, your insurance dictates the referral process. If you have any questions as to how your insurance plan works and the benefits, please call the customer service number on your insurance card.

## Our Physicians

### Midlothian Village Office

**Dr. Jennifer B. Brown** a native of Richmond, joined our practice in September 1990. She attended Emory University in Atlanta and graduated Phi Beta Kappa with a degree in Chemistry. She completed medical school at Emory and then returned to Richmond for her residency at MCV, Chesterfield Family Practice. Dr. Brown is married to Bob Thoms. They have a daughter and a son.

**Dr. Joseph P. Goddard** graduated Magna Cum Laude from Vanderbilt University in 1976. He received his medical degree with distinction from George Washington University and then finished a Family Practice Residency at the University of Tennessee Memorial Research Center and Hospital in Knoxville. He went on to serve for three years in the National Health Service Corp. followed by eight years of private practice in Knoxville. He and his wife, Debra, have a son.

**Dr. Joseph Castro** is a native of Virginia and graduated from the College of William and Mary with a BS in Kinesiology. Upon graduation, he attended Edward Via Virginia College of Osteopathic Medicine and received his medical degree. He also had the opportunity to be trained in osteopathic manipulation. After his studies, Dr. Castro traveled to Pueblo, CO and completed a three year Family Medicine Residency at Southern Colorado Family Medicine.

**Julie C. Julian FNP-C** is a native of Greenville, NC and graduated from East Carolina University in Greenville, NC with a Bachelor's in Biology in 2001. She graduated Cum Laude from Virginia Commonwealth University in Richmond, VA with her BSN and MSN in Nursing in 2004 and 2006. She is a member of the American Academy of Nurse Practitioners and the Virginia Council of Nurse Practitioners. Julie is married with 4 children and her interests include triathlons, reading, and spending time with her family outdoors.

## Waterford Office

**Joshua S. Harris, PA-C** is a native of Troutville, VA and graduated from James Madison University in 2012 with a B.S. in Health Sciences. He then completed the Physician Assistant program at Shenandoah University, graduating in 2015 with a M.S. in Physician Assistant Studies. Josh enjoys weight-lifting, hiking, biking, and spending time with friends. He is an active member in his local church.

**Dr. Herbert A. King, II** a native of Danville, VA graduated from Wake Forest University in 1996 with a B.S. in Biology before completing his M.D. degree at the Medical College of Virginia at Virginia Commonwealth University. Prior to joining the practice in 2003, he completed a three year residency in Family Practice at Mayo Graduate School of Medicine in Scottsdale, Arizona where he served as chief resident. His wife's name is Camie and they have three children.

**Dr. Jeffrey N. Greer** graduated from the University of Scranton in 1995 with a B.S. in Biology and Philosophy. He completed his medical degree at the Medical College of Virginia at Virginia Commonwealth University in 2000 and completed his residency at Carolinas Medical Center in 2003. Dr. Greer is Board Certified in Family Medicine. He joined the Midlothian Family Practice division of Virginia Physicians, Inc. in August of 2008. He and his wife, Kristen, have three children.

**Dr. Amy O. Marshall** is a native of Richmond, VA and attended Virginia Commonwealth University, graduating in 2005. She received her M.D. from the Medical College of Virginia in Richmond, VA. She completed a three year residency at Chesterfield Family Medicine, also in Richmond. While in medical school she received a Dean's Merit Scholarship and in 2010, during her residency, she was named Intern of the Year. She is married and resides in Richmond, VA.

**Dr. Pamela J. Bartell** is a graduate of Virginia Tech with a BS in biology. She received her medical degree from Virginia College of Osteopathic Medicine in Blacksburg, VA. She completed her residency training in Pueblo, CO at Southern Colorado Family Medicine.

**Shannon R. Davidson DNP, FNP-C** was born in Charleston, SC., and grew up in a Navy family, residing throughout the East Coast, until finally planting roots in Virginia Beach, VA. She completed her Bachelor of Science in Nursing through Old Dominion University in Norfolk, VA, and then went on to complete a Master of Science Nursing as a Family Nurse Practitioner and Community and Public Health Clinical Nurse Specialist at The Catholic University of America in Washington, D.C. Most recently, she completed her Doctorate of Nursing Practice through Rush University in Chicago, IL, with an emphasis on population level health. She is certified as a Family Nurse Practitioner by the American Academy of Nurse Practitioners. Shannon has spent 8 years practicing as a Family Nurse Practitioner at VCU Medical Center with the Dept. of Neurosurgery and The Division of Plastic Surgery in the Evans-Haynes Burn Center. Prior to that, she provided bedside care as a Registered Nurse in the Burn Center and the Pediatric Intensive Care Unit. In her spare time she loves to travel, try new restaurants, train for distance races, and foster rescue dogs through Richmond Animal Care and Control and Ring Dog Rescue.

### *Powhatan Office*

**Dr. Barbara M. Prillaman** a native of Hopewell, Virginia, completed her undergraduate work Summa Cum Laude at James Madison University in 1986 with a dual B.S. degree in Chemistry and Biology. She received her M.D. degree in 1990 from the Medical College of Virginia. Prior to joining the practice in July of 1993, she completed a three year Family Practice Residency where she served as Chief Resident in her third year. She and her husband, Cliff, have a son and a daughter.

**Dr. Donald P. Sanders** graduated from the College of William and Mary in 1968. He completed his M.D. degree at the Medical College of Virginia in 1972 and finished his residency in Family Practice at the Medical College of Virginia family Practice Clinic in Blackstone, Virginia. He and his wife Terry have two sons and a daughter.

**Nicole A Cole, FNP-C** is a native of Henrico, Virginia and completed her undergraduate studies Magna Cum Laude at James Madison University in 2013 with a Bachelor's Degree of Science in Nursing. She received her Master of Science Degree as a Family Nurse Practitioner from Georgetown University in 2016. She is a member of the American Academy of Nurse Practitioners and has a passion for bringing healthcare directly to the community. Nicole has previous nursing experience in dialysis, public health, and medical surgical/oncology. She enjoys dancing, reading, and spending time with her dog Ziggy

**Dr. Shelley C. Short** is a native of Lapeer, MI and attended the University of Virginia in Charlottesville, VA. She received her M.D. from the Virginia Commonwealth University, Richmond, VA in 1994. She completed a three year residency at Hanover Family Physicians in Mechanicsville, VA. She is board certified in Family Medicine and is a member of the American Academy of Family Physicians and the Medical Society of Virginia. She is married and has three children.

**Chris Andrus, P.A.** is a native of Virginia and an alumnus of the Virginia Commonwealth University where he earned a Bachelor of Science degree. He completed a master of science in physician assistant studies at the Eastern Virginia Medical School and is a member of the American Academy of Physician Assistants. He is certified by the National commission on Certification of Physician Assistants.

### *Westchester Office*

**Dr. W. Philip Morrissette, III** a native of Midlothian, Virginia graduated from Washington and Lee University before attending the University of Virginia Medical School where he received his M.D. in 1976. He was board-certified by the American Board of Family Practice in 1979 after completing a three year residency in Family Practice at Riverside Hospital in Newport News, Virginia. He is the son of Dr. William P. Morrissette, Jr. (Direct Phone: 419-9701)

**Dr. L. Randolph Chisholm** a native of Louisa, Virginia graduated from Virginia Polytechnic Institute and State University in 1974. He then attended Eastern Virginia Medical School where he received his M.D. in 1977. In 1981, he was board-certified by the American Board of Family Practice after completing his residency at Chesterfield Family Practice. His wife's name is Wendy, and they have a daughter and a son. (Direct Phone: 419-9704)

**Dr. John G. Barnes** a native of Tazewell, Virginia, attended the College of William and Mary graduating in 1977. In 1981 he received his M.D. from the Medical College of Virginia with membership in Alpha Omega Alpha Honor Medical Society. In 1984 he completed a three year residency program in Family Practice at Richland Memorial Hospital in Columbia, South Carolina. His wife's name is Nolie, and they have three sons and a daughter. ( Direct Phone: 419-9702)

**Dr. Russell H. Myers** a native of Danville, Virginia, graduated from Virginia Polytechnic Institute in 1975, received his B.S. in Pharmacy at the Medical College of Virginia in 1978 and completed his M.D. degree at MCV in 1982 with membership in Alpha Omega Alpha Honor Medical Society. Prior to joining the practice in 1985, he finished a three year residency in Family Practice at Riverside Hospital in Newport News, Virginia where he served as Chief Resident in his third year. His wife's name is Edie, and they have three sons. ( Direct Phone: 419-9703)

**Tiffany L. Orndorff, D.O.** joined our practice in 2002. She is a 1996 graduate of the University of Medicine and Dentistry of New Jersey-School of Osteopathic Medicine. Dr. Orndorff completed her residency and internship in Family Practice at the affiliate hospital, Our Lady of Lourdes in Camden, NJ.

**Dr. Laura G. K. Aisenberg** is a native of Midlothian, VA and attended George Mason University in Fairfax, VA graduating in 1998. She received her M.D. from Virginia Commonwealth University, Richmond, VA in 2002. She completed a three year residency at Chesterfield Family Practice in Richmond, VA. She is a member of the American Academy of Family Physicians, Richmond Academy of Medicine, Medical Society of Virginia and American Medical Association. She is married and has four children.

**Dr. Garrison S. Bennett** joined our practice in January of 2008. He graduated from the College of William and Mary in 1992 with a Bachelor of Science degree in Biology. He then attended Eastern Virginia Medical School where he received his M.D. degree in 1998. Dr. Bennett completed his residency in the Roanoke area where he also served as a Clinical Associate Professor for the Physician Assistant Program at Jefferson College of Health Sciences. Dr. Bennett is Board Certified. He is a member of the Wilderness Medical Society. He enjoys kayaking and mountain biking. He and his wife, Anita, have two daughters and a son.

**Kelly S. McAuliffe, FNP-C** certified by the American Academy of Nurse Practitioners, Kelly is from Tidewater, Virginia and attended Virginia Tech where she received her Bachelor's Degree in Human Nutrition, Foods, and Exercise. She then moved to Richmond to attend Virginia Commonwealth University where she received her Bachelor and Master of Science in Nursing in 2005. Kelly has practiced in southern Chesterfield for over ten years prior to joining Midlothian Family Practice in June 2016. Although Kelly enjoys managing chronic illnesses including hypertension and diabetes, her passion is disease prevention and promotion of healthy lifestyles. Kelly, her husband Jason, and their two sons reside in Moseley.

# Other Services

## Osteoporosis Center

The International Society for Clinical Densitometry certifies that **W. Philip Morrissette, III, M.D.** and **Joseph P. Goddard, M.D.** have completed the approved proficiency and excellence in the field of bone densitometry and have been granted the title of Certified Clinical Densitometrist (C.C.D.)

## Mammography Services

Virginia Physicians, Inc. is pleased to offer mammography screening services at the Midlothian Westchester office.

All mammograms are read by board certified radiologists. Also, as an additional service, we offer the MammoReader.

The MammoReader, a fully certified screening scanner, employs computer assisted diagnostics technology, proven to assist in the early detection of breast cancer.



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